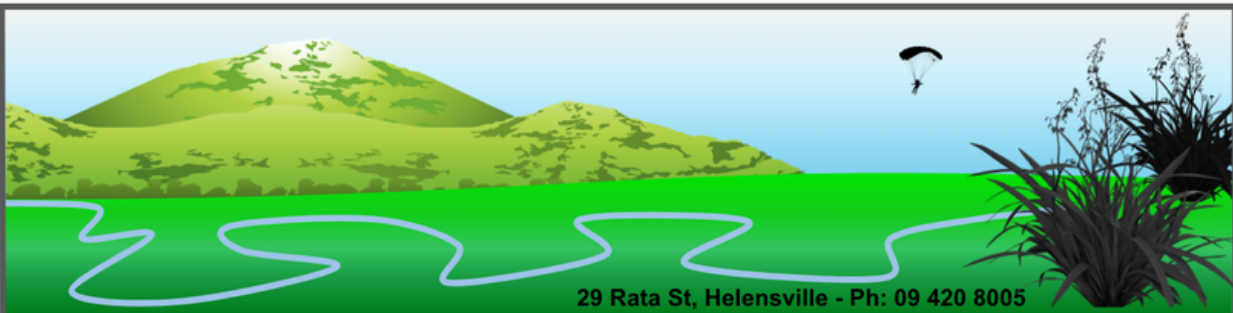


Helensville
Primary School



Ngā Taonga o Te
Awaroa



HELENSVILLE PRIMARY SCHOOL NGĀ TAONGA O TE AWAROA

PRINCIPAL THOUGHTS

Kia ora koutou,

I must say, it is really weird starting at the school during lockdown. I had plans about my first term but they have all been blown out of the water with level 4. It would be silly to interfere with existing distance learning processes without deeply knowing the school, so our wonderful Phil Spriggs continues to lead the school's operations whilst I try to get up to speed for a return to physical school. I am really impressed with our team of teachers and leaders, as well as the parents and teachers (PATHS) team. Amazing! I can't wait to meet our learners.

Like you, of course, I am confined to my bubble but with two older children who are studying. I understand how difficult it is for parents and caregivers to run the house, their work, and the whānau. But I have some insight and experience in remote learning that I hope you don't mind me sharing.

First tip is to not let your child get into holiday mode. Routine is the key. In the 70s (I know, I know), Alice Cooper released "School's Out" with its memorable lyrics of "No more school, no more books, no more teacher's dirty looks". The problem with this as something to look forward to (no teacher's dirty looks at Helensville, of course) is that research shows a backwards step in learning, called the Summer Effect, when a learner takes extended time off from reading and maths. If you allow this during lockdown, your child will be slightly behind where they would have been if the routine of school had been kept. It is hard to make this ground up.

Second tip is to run a timetable of your own. Plan your routine with the children. You may need to use the internet as might other children. Build a roster with your child or children for when they will be watching Home Learning TV on TVNZ, when they will do the work allocated by their teacher (online and hard pack could add flexibility to the times), when they can play, and try to add reading time if you have access to books (to reduce the Summer Effect). Use everyday activities for learning, too. The kitchen is amazing for maths and science, and household chores can build fine and gross motor skills. Having said all that, try to be attuned as to whether your child is restless (less time online) or tired (less activity). Wellbeing is so important in times of stress like lockdowns.

Third tip is to encourage your children to ask questions and talk about their feelings about Covid with you. Find out how much they already know and start with that. Depending on the age of your child, drawing, stories, and other activities may help start a discussion. There is a lot of fake news online, so try to make sure they understand that they can talk to you and their teachers whenever they like.

Finally, please stay in touch with the school. Stay informed, ask questions, and get guidance. Iwi, parent groups, and other community groups can also be a good way to support each other during this time.

When we come back to the physical school, I will be organising opportunities to meet with you. I look forward to it a lot and hope you can make it.

With great respect,
Noho ora mai,

Stephen Kendall-Jones, Principal.

Upcoming Dates

TERM 3



~~Wednesday 25th August~~ - ~~Kaipara Cross Country~~ - Cancelled

~~Tuesday 31st August~~ - ~~NW Cross Country~~ - Postponed

~~Wednesday 1st September~~ - ~~New Parents Morning~~ - Cancelled

~~Saturday 4-10th September~~ - ~~AIMS GAMES~~ - Cancelled

~~Thursday 9th September~~ - ~~Rippa Rugby Year 3 - 6~~ - Postponed

13th-17th September - Te Wiki Te Reo Māori

~~Tuesday 14th September~~ - ~~Auckland Cross Country~~ - Cancelled

~~Wednesday 15th Sep~~ - ~~Speech Competition~~ - Cancelled

~~Week 9~~ - ~~Production - 'Movie Night' Week~~ - Postponed

Thursday 30th September - Winning House Mufti Day

Friday 1st October - End of Term Hui - 1:45pm

School Notices

How are some staff managing their well-being during lockdown?



I have had lots of walks and hot chocolates. Chase had his brace removed in hospital where there were very intense restrictions. Enjoying nature and planting flowers and making time for lots of bike rides and card games in between school work and zoom calls.

Mandy



We have been going for lots of walks in our bubble and soaking up the time we have together.

- Nikita



I message my jokes to my friends or add them to our Google Classroom, because these kids don't get my jokes like the kids in class do!

- Mrs Clayton/Laura



I make sure I get outside every day to have a break from screens, exercise and to get some fresh air.

- Miss Mill

School Notices

Hello from my bubble on Te Atatu Peninsula!
I am having a great time learning online with rad Room 2! My dog Nina is loving having me around for extra snuggles - and interrupting our daily Zooms. I'm also enjoying doing this fun tree-scamenger hunt.

Last week, I gave everyone in my bubble a haircut (well, not the cat - yet!). This weekend I made a DELICIOUS cake!

I hope everyone is enjoying the extra family time and showing lots of hihiri; we can do this!

- Love Whaea Jess.



I have been going on lots of long walks to make sure I have a break from screen time, watching birds from my deck, doing a bit of gardening, and taking some interesting photos.

- Mrs Conlogue



I am in my bubble with my two cats - it is very quiet most of the time. They can be pests though when I am on Zoom.

When I am not working I go for walks, read and do cross stitch. I have just finished sewing Elsa for my two year old granddaughter in England ... but, shhh! it's a secret.

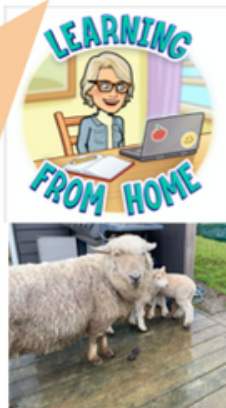
I like to remember this lovely whakatauki all the time, "He aroha whakatō, he aroha ka puta mai." (If kindness is sown, then kindness is what you shall receive.)

Hope to see you all soon
- Ms Spriggs

Hi all

In my bubble I am kept company with some new additions to our family with the arrival of 4 new lambs. My dog Mac and cat George are always around to amuse me in between the large number of zoom meetings I seem to be having. Keep smiling and enjoying your whānau time.

- Mrs Mc



We have been on lots of walks to balance out all the baking. Making the most of the time we have before our new addition to our family arrives

- Miss L



School Notices



2022 Term Dates

Meetings with teachers - **Tuesday 1st February** (School closed for instruction)

Term 1

Wednesday 2nd February - Thursday 14th April

Waitangi Day - Monday 7th February

Staff Only day - Monday 7th March

Term 2

Monday 2nd May - Friday 8th July

Staff Only Day (Kahui Ako) - Friday 3rd June

Queen's Birthday - Monday 6th June

Matariki - Friday 24th June

Term 3

Monday 25th July - Friday 30th September

Staff Only Day - Friday 26th August

Staff Only Day - Monday 29th August

Term 4

Monday 17th October - Friday 16th December

Labour Day - 24th October

Staff Only Day - Monday 14th November

Lockdown

'Twas another day of lockdown, and all through town, not a car on the street, only the stamping of feet.

The masks on our faces were worn with care, in hopes that covid would disappear.

Our Family Bubbles are inside as lockdown rules have been applied. Instead of working from a school book, I've become a champion cook.

All of this became regular except for that one meddler, who thought they were above and popular. Out we went for walks, our driveways painted with chinks. As a quiet air blows by, we hear birds chirp in the sky.

Two metres became the speaker's distance, The new rules were never procedures to fools. Oh, how we miss school, it's a miracle, sometimes it felt cruel, lockdown was typical. The Pfizer Vaccine is the killing machine (for Covid-19). There can be a delay, but, hey, it's underway.

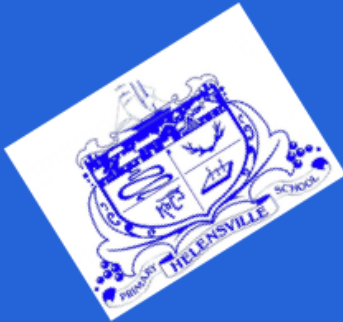
Whistling a cheery tune, let's get out of lockdown soon!!

Written by Molly Davis, Year 7, R15

School Notices

HELENSVILLE PRIMARY SCHOOL

KNOW WHAT'S GOING ON



SCAN THESE TWO QR CODES
USING YOUR PERSONAL
DEVICE TO BE LINKED WITH
OUR SCHOOL INFORMATION
PAGES
(FACEBOOK AND SKOOL LOOP)

THESE FORUMS WILL HELP
YOU STAY IN TOUCH WITH
WHAT IS GOING ON AT
SCHOOL.

SCAN ME



Helensville School Official
Facebook Page

SCAN ME

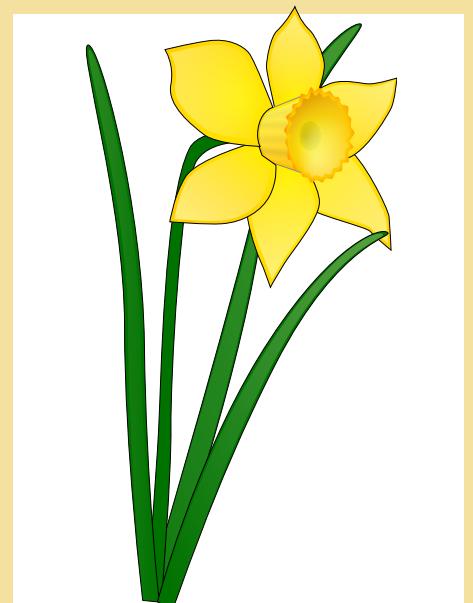
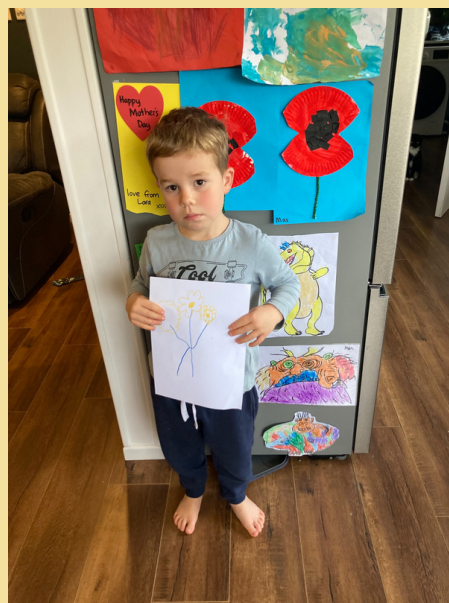
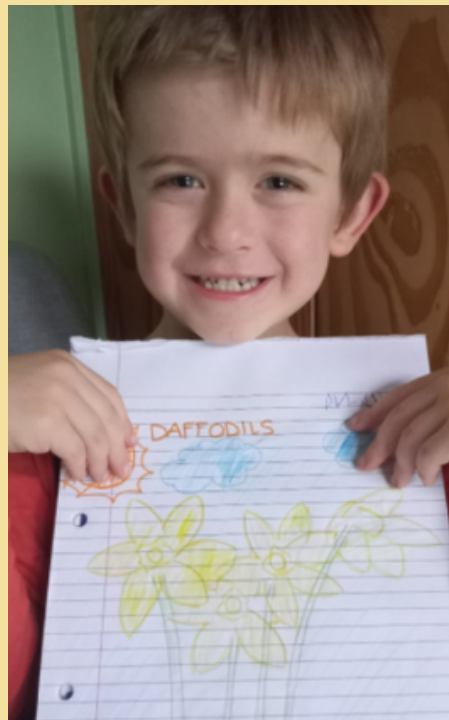


Skool Loop Webpage Link

THANK YOU FOR YOUR SUPPORT

School Notices

Daffodil Day



HELENSVILLE PRIMARY

AG DAY 2021



Call out to all businesses and families who would like to contribute a raffle prize to our Ag Day Mega Raffle/Silent Auction. Vouchers/products/services are gratefully welcomed. Please contact our paths team or email paths@helensville.school.nz

**Friday 29th
October 4-8pm**

paths@helensville.school.nz



Celebrations

Yoshi Abraham's Poetry

"Yoshi Abraham in Room 2 had her poem selected as a "favourite poem" for the Poetry Box August challenge!

It has been published on the website:

<https://nzpoetrybox.wordpress.com/2021/08/30/poetry-box-august-challenge-some-favourite-sky-poems/>

Have a read of Yoshi's fantastic poem below and then head to the website to read some more brilliant "sky" poetry!

Spring Sky

Cloudy
Grey
Full of birds,
Scattered rain
Full of chirps.
Cool air, still wind
Scattered hums, tiny chill.



Yoshi A, Age 10, Year 5, Helensville Primary School

Community Notices

WELLBEING TIPS

THESE TIPS ARE DESIGNED TO HELP GET YOU THINKING ABOUT WHAT WILL HELP YOUR MENTAL WELLBEING AT THE MOMENT. THESE SIMPLE ACTIONS ARE BIG MOOD BOOSTERS – FIND WHAT WORKS FOR YOU AND KEEP AT IT!



TAKE NOTICE – ME ARO TONU

Notice the things that make you feel good and do them more often! It could be your morning coffee, a walk around the block or playing games with your tamariki/children.



GIVE – ĀWHINA

Think about a skill you have you could share with your whānau, offer to pick groceries up for elderly neighbours or simply give a compliment to a loved one!



GET MOVING – KIA KORI

Regular movement and exercise helps release tension and stress and gives you an energy boost!



CONNECT – TŪHONO

Keep in touch with your friends, whānau and colleagues on the phone, through social media, video chats and text.



STAY CURIOUS – ME WHAI WHAKAARO

Learning new things helps to focus your mind and gives you a sense of purpose. It could be learning a language, a craft, or even mastering a tricky recipe.



STICK TO A ROUTINE – WHAI MAHERE

It will help you get through each day and adjust to regular life when it goes back to normal.



RELAX – MAURI TAU

Find ways to rest, switch off and recharge. Reading, mindfulness, yoga and deep breathing are all great ways to unwind.

GETTING THROUGH TOGETHER

WHĀIA E TĀTOU TE PAE TAWHITI

ALL RIGHT?

 Mental Health Foundation
mauri tu, mauri ora

Community Notices



Welcome to the 2021/22 Touch Rugby Season

KAIPARA JUNIOR TOUCH is loads of fun for Year 0 – Year 8 boys and girls. Players are in school teams with games on Friday afternoons at Helensville Rugby & Sports Club / Rautawhiri Park.

REGISTER ONLINE WITH YOUR SCHOOL:

[CLICK HERE TO REGISTER NOW](#)

FEES: \$30 per player, PAY TO KAIPARA TOUCH
12-3139-0004923-02 - Kaipara Junior Touch

Please use child's name and school as reference

2021

Monday 11th October	Final day for player registrations
Friday 29 th October	First games!
Friday 3rd December	Last game for 2021 – break for Christmas

2022

Friday 4 th February	Play resumes for Term 1
Friday 11th March	End of round play
Sunday 13 th March	Sunday – semi-finals / finals / prize giving (all teams play)

GRADES ARE ALL MIXED TEAMS

Schools are responsible for placing players in teams. Teams can have max 14 players with at least 2 girls per team. 6 players on the field at one time - 4 males/2 females. **A player can only be registered in 1 team – you cannot play a player in any other team!**

Years 0, 1 & 2	Midget Mixed	Years 5 & 6	Intermediate Mixed
Years 3 & 4	Junior Mixed	Years 7 & 8	Senior Mixed

UPDATES/DRAWS:

<http://www.sporty.co.nz/kaiparajrntouch/Draws-Results/Draws-Results>

A weekly email with a link to the draw will also be emailed to School Coordinators and posted on our Facebook page: <https://www.facebook.com/KaiparaJuniorTouch/>

REFEREES:

Any senior students (Year 7 or older) who are interested in becoming a PAID referee need to register asap on our website:

<http://www.sporty.co.nz/kaiparajrntouch/Referees-1/Register-as-a-Ref>

Please support those who kindly support us...



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